



## Wellbeing Measurement Framework findings 2020/21

Just under 4,800 students took part in the wellbeing school survey in 2021 across the HeadStart Kent schools (Year 9 as the snapshot year group and Year 11 as part of the longitudinal cohort surveyed every year). The number of students who took part was greatly reduced due to the disruption of the pandemic. The findings below relate to students who took part in the mainstream and grammar schools.

### Year 9 and Year 11 students surveyed in 2021

- Areas of strength were behaviour, empathy and feeling supported by their peers, the community, and their families.
- Older students had a slightly better appraisal of their wellbeing and reported less behavioural and attention difficulties, and difficulties with their peers.
- Female students reported significantly more emotional and attention difficulties than males. They also had a significantly less positive appraisal of their wellbeing and reported they felt less able to manage their emotions or cope with stress than males.
- Male students reported significantly lower levels of empathy and willingness to help others than females. They also reported they felt significantly less supported by their peers than females.

Positives	Challenges
<p>Older students with Special Educational Needs &amp; Disabilities (SEND) had a slightly more positive appraisal of their wellbeing and reported fewer emotional difficulties than those without SEND. They also reported they felt better supported in school.</p>	<p>Older students eligible for Free School Meals (FSM) reported significantly more behavioural and attention difficulties, and difficulties with peers, compared to those not eligible for FSM. They also reported significantly lower levels of empathy and willingness to help others.</p> <p>The significant differences in these categories were also shown when comparing SEND and non-SEND students.</p>

### Longitudinal cohort 1 (the same students surveyed every year from 2017 until 2021)

Positives	Challenges
<p>Compared to when they were in Year 7, this year's Year 11 students reported fewer behavioural difficulties and reported they felt better supported by their peers.</p>	<p>Compared to when they were in Year 7, this year's Year 11 students reported more emotional difficulties and had a less positive appraisal of their wellbeing, particularly females.</p>

## Longitudinal cohort 2 (the same students surveyed in 2019 and 2021)

Positives	Challenges
Compared to when they were in Year 7, this year's Year 9 male students reported fewer emotional difficulties and reported they felt more able to manage their emotions and cope with stress.	Compared to when they were in Year 7, this year's Year 9 students had a less positive appraisal of their wellbeing, particularly females.

## Snapshot Year 9 (the Year 9 students surveyed each year – different students / same age)

Positives	Challenges
Compared to the 2017 Year 9 students, the 2021 Year 9 students reported fewer behavioural difficulties, particularly males.	Compared to the 2017 Year 9 students, the 2021 Year 9 students had a less positive appraisal of their wellbeing, particularly females.