

13 - 16 yrs

meet
LEROY
THE VOICE OF
CHANGE



Changing Minds is a small and friendly group of young people aged 13-16 years, who have experience of using mental health and wellbeing services in Kent.

The group meets every other Friday online and includes fun activities and a chance to share ideas and experiences, in a safe place.

We believe young people should be included in all decisions about mental health services for them and this group offers a real opportunity to get their voice heard.

Leroy x

**GET YOUR
VOICE HEARD
WHERE IT
MATTERS
MOST.**



To sign up or to find out more contact:
TalkaboutMH@kent.gov.uk

