



# PARENT & CARER VOICE

Parents and Carers of Young People using  
Mental Health Services.

You are invited to join our monthly  
Sunday meetings via MS Teams

- Friendly and supportive
- Direct feedback to services
- Regular guest speakers
- Training and grant opportunities

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**Want to know more?**

**Please call 07970 198 768 or email**

**[Sarah.Haigh@kent.gov.uk](mailto:Sarah.Haigh@kent.gov.uk)**

