

Fegans

Counselling Children, Supporting Parents

Fegans is proud to be working with the **Violence Reduction Unit** to offer counselling to young people in Kent who are involved in violence, have the potential to become involved in violence or have suffered trauma from violence or violent home situations.



For more information, please call 01892 538288,
or to make a referral
please use this link <https://forms.office.com/r/wPqi8s490C>



Fegans is a 150 year old charity and its vision is to support families emotionally and practically through teams of workers based in our four geographical centres.

We seek to enable children and young people, and empower parents, by offering specialist services in the areas of family support, schools work, counselling, training and community activities.

What is counselling?

“Counselling is an opportunity to build a safe, trusting relationship with a trained or qualified professional so that you can discuss anything that is troubling you in a safe, confidential, non-judgmental environment.

At Fegans, all of our counsellors are qualified professionals. The counsellor will help you to look at your issues, explore options, and find ways of coping with and resolving your difficulties.”

The counselling will be a weekly appointment either online, or on the phone.

Fegans was founded in 1870 and in July 2021 became part of Spurgeons Children's Charity.
Spurgeons vision is to give every child the opportunity of a hope filled life.
Registered charity no. 1081182 | Company limited by guarantee in England no. 3990460



TOGETHER