

TOP TIPS FOR VIRTUAL SESSIONS

ALWAYS WELCOME EVERYONE WHEN THEY ARRIVE, CHECK - IN AND HAVE TIME FOR A CATCH UP AT THE BEGINNING.



MIX TIME FOR TALKING WITH ACTIVITIES, PLAY GAMES, CRAFTS, COOKING, VIDEOS ETC.

AGREE IN ADVANCE IF THERE IS TOO MUCH BACKGROUND NOISE, PEOPLE WILL MUTE THEMSELVES OR A STAFF MEMBER WILL MUTE THEM, SO IT DOESN'T DISTRACT OTHERS.

LOTS OF BITE SIZE ACTIVITIES

EXPERIMENT WITH TECHNOLOGY, DEPENDING ON WHAT YOU ARE USING THEY WILL HAVE LOTS OF DIFFERENT FEATURES THAT CAN BE USED E.G. HANDS UP, QUIZ SOFTWARE ETC.

ENCOURAGE USING THE CHAT BOX IF YOUNG PEOPLE ARE NOT FEELING CONFIDENT TO SPEAK OUT LOUD AND HAVE SOMEONE WATCHING THE CHAT TO READ IT OUT.

HAVE PLENTY OF BREAKS TO GIVE PEOPLE TIME TO GET A DRINK OR A SNACK AND SO THEY CAN CONCENTRATE PROPERLY IF THE SESSION IS LONG.

MAKING SURE EVERYONE IS INCLUDED AND INVOLVED, GIVE PEOPLE SMALL INDIVIDUAL TASKS WHERE POSSIBLE.



GET FEEDBACK ON WHICH BITS OF THE SESSION YOUNG PEOPLE LIKED.

ENCOURAGE GROUP MEMBERS TO LEAD OR RUN DIFFERENT BITS OF THE MEETING SO IT ISN'T JUST 1 PERSON PRESENTING ALL THE TIME.



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