Activity: Talents and Interests Game

Resilience Focus Area: Talents & Interests

Learning Outcomes

* Young people will identify an interest that they might want to try



Time	Activity	Method	Resources needed
10 mins	Icebreaker	Pass the toilet roll	Toilet roll
		Pass a toilet roll around the group. Ask students to take some toilet roll	
		from the roll – don't specify how many pieces, let them take as many or	
		little pieces as they wish.	
		Once everyone has some ask them to count the number of 'sheets' they	
		have taken and ask them to think of that number of talents, hobbies or	
		interests they have themselves. E.g. 3 sheets take = Think of three different	
		things you enjoy or are good at. Give some examples like "I like baking,	
		going to the cinema, and I play rugby." It doesn't have to be a specific club	
		or sport, it can simply be something they like or are interested in.	
		(If confident/comfortable to do so)Ask the young people to share their	
		talents and interests with the group. Ask another young person to count	
		the number of sheets of toilet paper to check!	
		Afterwards, ask the group whether they have found out anything new	
		about anyone today or if they have any questions for anyone.	

Time	Activity	Method	Resources needed
20 minutes	Fly Swatter Activity	 For preparation, you will need a projector to project the attached slide or if this is not possible then you will need to print out the words on separate A4 pieces of paper and blutac to the wall. Make sure the space in front of the wall is clear. The aim of the fly swatting game is to find the correct answer and be the first person in a pair to whack the word. There may be more than one acceptable answer. Ask the other young people to watch to see who finds a correct word first and to keep the scores. You could use a score limit for each round, e.g. first to 3 or best of 5 then swap in with a new pair. You can pick from or adapt the following list to make it easier / more difficult for the young people in the group. 	fly swatter, PowerPoint file or A4 words and blu tac, scorers, little prizes for the winners

TALENTS INTERESTS

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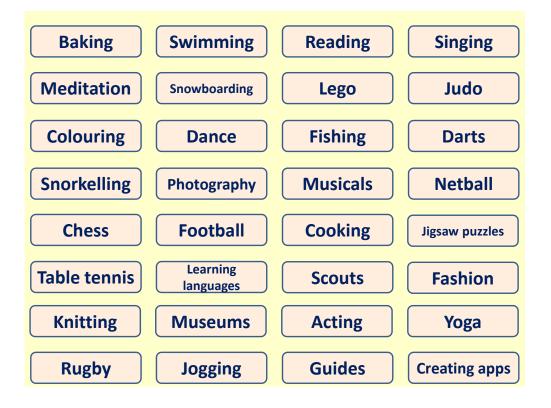
Time	Activity	Method	Resources needed
20 minutes	Fly Swatter Activity	Call out the following to the pairs:	
		1. Recommend an activity for a creative person	
		2. Recommend an activity for a sporty person	
		3. Recommend an activity for someone who likes to calm down from a hec- tic day	
		4. Recommend an activity for someone who likes to work in a team	
		5. Recommend an activity for someone who prefers being on their own	
		6. Recommend an activity for someone who likes being outdoors	
		7. Recommend an activity for someone who likes having something to show for their efforts	
		8. Recommend an activity for someone who likes being in front of an audi- ence	
		9. Recommend an activity for someone who doesn't want to pay out for lots of expensive equipment	
		10. Recommend an activity for someone who is very tech-savvy	
		11. Recommend an activity for someone who likes wearing leggings or jog- ging bottoms	
		12. Recommend an activity for someone who likes experiencing new 16. Recommend an activity for someone who is interested in History	
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20 minutes	Activity	Method	Resources need	ded
	Fly Swatter Activity	13. Recommend an activity for someone who likes to be organised		
		14. Recommend an activity for someone who likes books		
		15. Recommend an activity for someone who likes building things		
		16. Recommend an activity for someone who is interested in History		
		17. Recommend an activity for someone who likes martial arts		
		18. Recommend an activity for someone who is interested in nature		
		19. Recommend an activity for someone who likes being in the water		
		20. Recommend an activity for someone who likes being behind the camera		
		21. Recommend an activity for someone who is musical		
		22. Recommend an activity for someone who prefers to attend clubs at school		
		23. Recommend an activity for someone who likes going out in the evening during the week		
		24. Recommend an activity for someone who likes doing something as fam- ily		
		Ask the group whether there is anything they have looked at today which they would like to try out in future sessions together.		



Resources Page





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