

## Activity: Talents and Interests Game

Resilience Focus Area: **Talents & Interests**

### Learning Outcomes

\* Young people will identify an interest that they might want to try



Time	Activity	Method	Resources needed
10 mins	Icebreaker	<p><b>Pass the toilet roll</b></p> <p>Pass a toilet roll around the group. Ask students to take some toilet roll from the roll – don't specify how many pieces, let them take as many or little pieces as they wish.</p> <p>Once everyone has some ask them to count the number of 'sheets' they have taken and ask them to think of that number of talents, hobbies or interests they have themselves. E.g. 3 sheets take = Think of three different things you enjoy or are good at. Give some examples like "I like baking, going to the cinema, and I play rugby." It doesn't have to be a specific club or sport, it can simply be something they like or are interested in.</p> <p>(If confident/comfortable to do so)...Ask the young people to share their talents and interests with the group. Ask another young person to count the number of sheets of toilet paper to check!</p> <p>Afterwards, ask the group whether they have found out anything new about anyone today or if they have any questions for anyone.</p>	Toilet roll

Time	Activity	Method	Resources needed
20 minutes	Fly Swatter Activity	<p>For preparation, you will need a projector to project the attached slide or if this is not possible then you will need to print out the words on separate A4 pieces of paper and blutac to the wall. Make sure the space in front of the wall is clear.</p> <p>The aim of the fly swatting game is to find the correct answer and be the first person in a pair to whack the word.</p> <p>There may be more than one acceptable answer. Ask the other young people to watch to see who finds a correct word first and to keep the scores. You could use a score limit for each round, e.g. first to 3 or best of 5 then swap in with a new pair.</p> <p>You can pick from or adapt the following list to make it easier / more difficult for the young people in the group.</p>	<i>fly swatter, PowerPoint file or A4 words and blu tac, scorers, little prizes for the winners</i>



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Time	Activity	Method	Resources needed
20 minutes	Fly Swatter Activity	<p>Call out the following to the pairs:</p> <ol style="list-style-type: none"> <li>1. Recommend an activity for a creative person...</li> <li>2. Recommend an activity for a sporty person...</li> <li>3. Recommend an activity for someone who likes to calm down from a hectic day...</li> <li>4. Recommend an activity for someone who likes to work in a team...</li> <li>5. Recommend an activity for someone who prefers being on their own...</li> <li>6. Recommend an activity for someone who likes being outdoors...</li> <li>7. Recommend an activity for someone who likes having something to show for their efforts...</li> <li>8. Recommend an activity for someone who likes being in front of an audience...</li> <li>9. Recommend an activity for someone who doesn't want to pay out for lots of expensive equipment...</li> <li>10. Recommend an activity for someone who is very tech-savvy...</li> <li>11. Recommend an activity for someone who likes wearing leggings or jogging bottoms...</li> <li>12. Recommend an activity for someone who likes experiencing new 16.</li> </ol> <p>Recommend an activity for someone who is interested in History...</p>	



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Time	Activity	Method	Resources needed
20 minutes	Fly Swatter Activity	<p>13. Recommend an activity for someone who likes to be organised...</p> <p>14. Recommend an activity for someone who likes books...</p> <p>15. Recommend an activity for someone who likes building things...</p> <p>16. Recommend an activity for someone who is interested in History...</p> <p>17. Recommend an activity for someone who likes martial arts...</p> <p>18. Recommend an activity for someone who is interested in nature</p> <p>19. Recommend an activity for someone who likes being in the water...</p> <p>20. Recommend an activity for someone who likes being behind the camera...</p> <p>21. Recommend an activity for someone who is musical...</p> <p>22. Recommend an activity for someone who prefers to attend clubs at school...</p> <p>23. Recommend an activity for someone who likes going out in the evening during the week...</p> <p>24. Recommend an activity for someone who likes doing something as family...</p> <p>Ask the group whether there is anything they have looked at today which they would like to try out in future sessions together.</p>	



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Baking	Swimming	Reading	Singing
Meditation	Snowboarding	Lego	Judo
Colouring	Dance	Fishing	Darts
Snorkelling	Photography	Musicals	Netball
Chess	Football	Cooking	Jigsaw puzzles
Table tennis	Learning languages	Scouts	Fashion
Knitting	Museums	Acting	Yoga
Rugby	Jogging	Guides	Creating apps

